

NATIONAL SUICIDE PREVENTION
AWARENESS MONTH

Joining Your Fight: Connect to Protect

SEPTEMBER 2025

DSP.mil



Unite to fight suicide and strengthen the Total Force!

If you or someone you know is in crisis, reach out for support today. **Dial 988, press 1, or text 838255** for 24/7 confidential support when you need it.



**Veterans
Crisis Line**

DIAL 988 then **PRESS 1**

**Military
Crisis Line**



JOINING YOUR FIGHT | CONNECT TO PROTECT

Join the discussion with
#JoiningYourFight

#SPM25

